

Healthy Relationships Series 2023

Word Made Flesh: Embracing our Embodied Selves

Resource List

- Bacon, Hannah. *Feminist Theology and Contemporary Dieting Culture: Sin, Salvation and Women's Weight Loss Narratives*. London: T & T Clark, 2019.
- Bauman, Christy Angelle. *Theology of the Womb: Knowing God through the Body of a Woman*. Cascade, 2019.
- Bessey, Sarah. *Miracles and Other Reasonable Things: A Story of Unlearning and Relearning God*. Howard Books, 2019.
- Brand, Paul and Yancey, Philip. *Fearfully and Wonderfully: The Marvel of Bearing God's Image*. IVP Books, 2019.
- Copeland, M. Shawn. *Enfleshing Freedom: Body, Race and Being*. Fortress Press, 2023.
- Eiesland, Nancy L. *The Disabled God: Toward a Liberatory Theology of Disability*. Abingdon Press, 1994
- Falk, Kalyn. *I am Here: Six Postures of Prayer*. Createspace Independent Publishing, 2016.
- Finley, Kathleen. *Savoring God: Praying With All Our Senses*. Wipf and Stock, 2019.
- Kukuk, Christina. *Loving What Doesn't Last: An Adoration of the Body*. Church Publishing Inc., 2021.
- May, Melanie. *A Body Knows: A Theopoetics of Death and Resurrection*. New York: Continuum, 1995.
- McBride, Hillary L. *The Wisdom of Your Body: Finding Healing, Wholeness, and Connection through Embodied Living*. Collins, 2021.
- Morgan, J. Nicole. *Fat and Faithful: Learning to Love Our Bodies, Our Neighbours and Ourselves*. Minneapolis: Fortress Press, 2018.
- Owens, Tara M. *Embracing the Body: Finding God in our Flesh and Bone*. Downers Grove: IVP Press, 2015.
- Simpson, Whitney R. *Holy Listening with Breath, Body, and Spirit*. Upper Room, 2017.
- Simpson, Whitney R. *Fully Human, Fully Divine: An Advent Devotional for the Whole Self*. Upper Room, 2022.
- Sweeney, Jon M. and Jennifer Wilson. *Praying with Our Hands: 21 Practices of Embodied prayer from the World's Spiritual Traditions*. Wild Goose, 2001
- Tenny-Brittian, William. *Praying for People Who Can't Sit Still*. Chalice, 2005.
- Taylor, W. David O. *A Body of Praise: Understanding the Role of our Bodies in Worship*. Baker Academic 2023. (not out yet but looks great!)
- Tennant, Timothy C. *For the Body: Recovering a Theology of Gender, Sexuality and the Human Body*. Grand Rapids: Zondervan, 2020.
- Vennard, Jane E. *Praying with Body and Soul: A Way to Intimacy with God*. Augsburg, 1998.
- Wendell, Elizabeth Moltmann. *I am my Body: A Theology of Embodiment*. New York: Continuum, 1995.

Wirzba, Norman. *Food and Faith: A Theology of Eating*. Cambridge University Press, 2019.

Children's Books:

Feder, Tyler. *Bodies are Cool*. Penguin Random House, 2021. (ages 3-5)

Pope Francis. *Praying with My Fingers: An Easy Way to Talk to God*. Paraclete Press, 2014. (ages 1-5)

Weaver, Lisa. *Praying with Our Feet*. Herald Press, 2005.

Podcasts and websites

<https://thebiblefornormalpeople.com/episode-205-amy-kenny-my-body-is-not-a-prayer-request/>

<https://www.youtube.com/watch?v=ruJe5DHvYT4>

<https://kristyarbon.com/somatic-self-compassion-training/>

Sermons

Rempel, Elsie. *Body and Soul: Body Image Issues Along Life's Journey*. 2010.

<https://www.commonword.ca/ResourceView/82/12929>

Penner, Carol. *Breaking Down the Pretty/Ugly Alters*. 2021 <https://leadinginworship.com/2021/05/breaking-down-the-pretty-ugly-altars-psalm-13913-16-i-samuel-167-1-corinthians-619-20/>

Articles

Thompson, Curt. *A Body of Work*. 2020. <https://www.commonword.ca/ResourceView/82/22118>

Freeman McGown, editor. *Vox feminarum* V 1, Issue 3. *The Bodies Voice: Unfolding our Spiritual Selves*. (March 1997).

Curriculum

Living Stewardship Series. Friesen Moser, Ingrid. *Body Talk: Speaking the Words of Health*. 2007