

## Resources on Grief, Death, Dying and Life After Death

### Grief and Loss

Biden, Joe. *Promise me dad: a year of hope, hardship and purpose* / 2017

Bowler, Kate. *Everything Happens for a Reason-And Other Lies I've Loved*/ 2018

Buscalgia, Leo. *The fall of Freddie the Leaf* / 1982 (children's book)

Cacciatore, Joanne. *Bearing the unbearable: love, loss and the heartbreaking path of grief* / 2017

Frankl, Victor. *Man's search for meaning* / 2006; c. 1959

Greene, Jayson. *Once more we saw stars: a memoir of life and love after unimaginable loss* / 2019

Greenspan, Miriam. *Healing through the Dark Emotions: The wisdom of Grief, fear and despair* / Shambala, 2004

Kessler, David. *Finding meaning: the sixth stage of grief* / 2020

Kübler-Ross, Elizabeth, and David Kessler. *On grief and grieving: finding the meaning of grief through the five stages of loss* / 2005.

Lewis, C. S. *A Grief Observed* / 2015; c. 1961

Mayer, Catherine, and Anne Mayer Bird. *Good Grief-Embracing life at a time of death*/2020

Pitch, Sheree. *You won't always be so sad: a book of moments* / 2019

Rando, Therese. *How to go on living when someone you love dies* / 1991

Rolheiser, Ronald. *Forgotten among the lilies: learning to love beyond our fears* / 2007

Sandburg, Sheryl, and Adam Grant. *Option B: facing adversity, building resilience and finding joy* / 2017

Stickney, Doris. *Waterbugs and dragonflies* / 2004/2009 (children's book)

Weems, Ann. *Psalms of lament* / 1999

Westberg, Granger. *Good grief: A Companion for Every Loss* / 2020

Wolfelt, Alan. *The depression of grief: coping with your sadness and knowing when to get help* / 2014

## **Dying and End of Life Care**

Callanan, Maggie, and Patricia Kelley. *Final gifts: understanding the special awareness, needs, and communications of the dying* / 2012.

Callanan, Maggie. *Final journeys: a practical guide for bringing care and comfort at the end of life* / 2009

Cassidy, Sheila. *Sharing the darkness: the spirituality of caring* /1992

Kübler-Ross, Elizabeth. *On Death and Dying: What the Dying have to teach Doctors, Nurses and their own Families* /2014, c. 1964

Kalanith, Paul. *When Breath Becomes Air*/ 2016

Kuhl, David. *What dying people want: practical wisdom for the end of life* / 2003

Levine, Stephen. *A year to live: how to live this year as if it were your last* / 1998

MacMillan, Karen. *A Caregiver's Guide: A Handbook About End-Of-Life Care* /2004

Maginley, David. *Beyond surviving: cancer and your spiritual journey* / 2017

Mannix, Kathryn. *With the End in Mind – Dying, Death, and Wisdom in an Age of Denial*/ 2018

Nouwen, Henri. *Our greatest gift: a meditation on dying and caring* / 2009

O'Rourke, Michael. *Befriending death: Henri Nouwen and a spirituality of dying* / 2009

Singh, Kathleen Dowling. *The grace in dying: A Message of Hope, Comfort and Spiritual Transformation* /  
2000

van Bommel, Harry. *Family hospice care: pre-planning & care guide* /

## **On the Afterlife**

*On Life after Death*, Elizabeth Kübler-Ross, MD/ 2008