Psalm 62:5-12

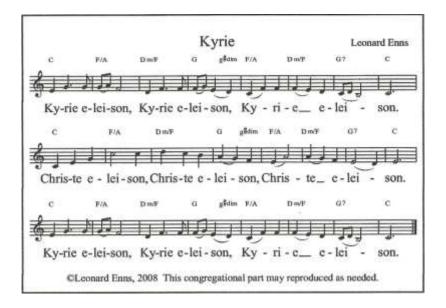
(Join in reading the Psalm. Congregation read bold print.)

I wait quietly and patiently before God. My hope is in God. God is my rock and my salvation, my fortress where I will not be shaken. My security and my honour come from God alone.

> Trust God at all times. Pour out your heart to God, our refuge. From the greatest to the lowliest we are all nothing. If you weigh us on a scale we are lighter than a puff of air. Don't try to get rich by extortion or robbery. And if your wealth increases, don't make it the centre of your life.

God has spoken plainly and I have heard it many times. Power, O God, belongs to you. Your love is unfailing. You judge all people according to what they have done.

All: Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.



Jonah 3:1-5,10

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you."

So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!"

And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Mark 1:14-20

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea--for they were fishermen.

And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him.

As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets.

Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.